P E Society's

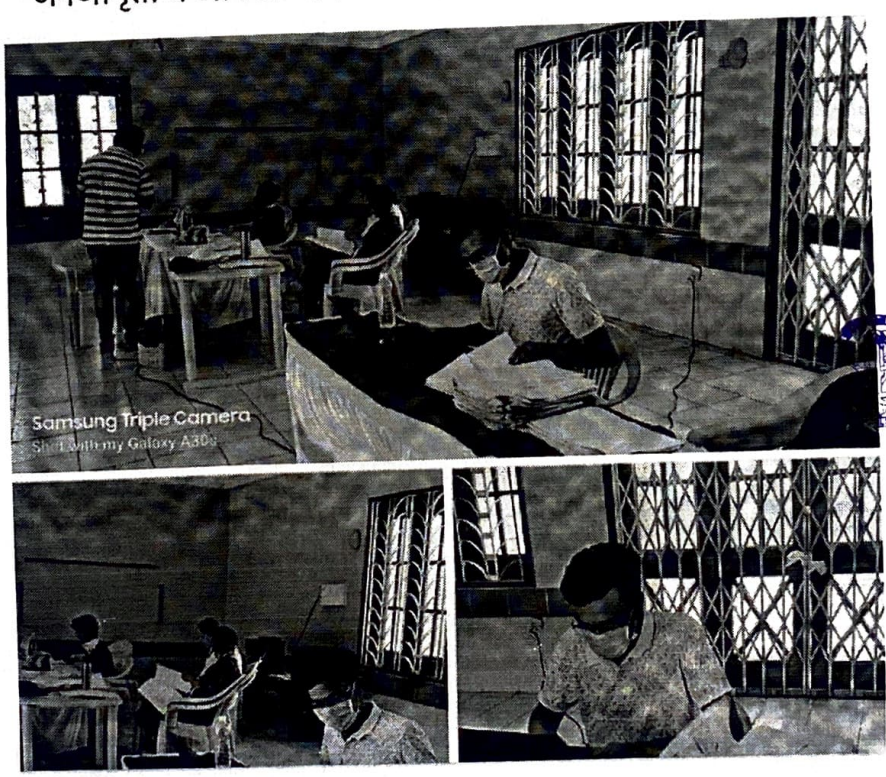
Modern Law College

Ganeshkhind, Pune

Modern Law College initiates many Social Outreach Activities throughout the year. In the light of the COVID-19, The academic years 2020-21 the college could not conduct any activity. Social media is a very important tool, we spread awareness about COVID-19 on our social media handles such as Facebook, Instagram, WhatsApp, etc.

Modern Law College, Pune
8 May 2020 ·

For a responsible assignment during the needy hours of COVID-19 emergency, an NSS student Narsinha Lokhande of Modern Law College selflessly participating on the front-line with an objective to battle the pandemic. Savitribai Phule Pune University-University of Pune SPPU कोरोना जनजागृती व आपत्ती व्यवस्थापन #SPPUNSS #COVID19



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Modern Law College, Pune is sharing a COVID-19 update.

14 May 2020 ·

STAY HEALTHY STAY SAFE #
FIGHTAGAINSTCOVID19

HEALTH CENTRE
Savitribai Phule Pune University, Pune

improve your immunity during COVID-19 Pandemic.
tors that affect immunity:
Nutrition
Exercise
Sleep
tress

TION

ydrates:
Carbohydrates diet to control high blood sugar and Blood Pressure. Added su
carbs may contribute disproportionately to overweight and obesity. Obes
increase your risk of getting severely sick.
ur sugar intake to less than 5% of your daily calories. This equals about 2 tablesp
of sugar for someone on a 2,000-calorie diet.

e
the protein content of your food. Non Vegetarians should include more eggs
lean meat in your diet. For vegetarian people pulses like Mung, lentils or Masur
fur dal, Chickpeas or green peas, Cowpeas or Chawali, MothBean or Matakis
urces of protein. Also milk and milk products like cottage cheese or paneer a
of proteins.

Fats:
fats found in olive oil, fish like salmon, Mackerel or Bangda, Tuna or Khupa
re rich in omega 6 and may boost your body's immune response to patho
ing inflammation and may help your body fight off harmful disease-causing bact

improve your Gut Microbiome
plant foods like fruits, vegetables, nuts, seeds, and legumes are rich in nutrie
lants. The fibre in plant foods, feeds your gut microbiome or the community of
in your gut. A robust gut microbiome can improve your immunity and ha
pathogens from entering your body through your digestive tract
c and Probiotics containing foods like yogurt, fermented food, fruits, vegetable
ginger, cardamom, milk, curd, tofu, turmeric powder are also excellent so
ate the composition of gut bacteria, which is vital for nutrient absorption by the be

nportant food items to boost your immunity:
rk-green leafy vegetables, seasonal fruits, foods rich in Beta Carotene (carrots), a
other essential Vitamins.
tural immunity supplements include ginger, gooseberries (amla), turmeric, whi
sting immunity.

like sunflower, flax, pumpkin, melon seeds and nuts like almond, walnuts, pis
ent sources of protein and vitamin E.
lot vitamin C rich foods like lemon, tomatoes, amla, grapes, blueberries, cr
berries and mini fresh berries daily.
le these anti-oxidant rich foods like cantaloupe or Kharbuj, papaya, citrus fruit
, dark chocolate, green tea, cruciferous vegetables like cauliflower and cabbag
onion, beetroots, mushroom, yellow pumpkin, capsicum, sweet potatoes in you

on: Keep yourselves hydrated
to 8-10 glasses of water every day including fresh juices made of citrus fruits, len
out water to beat the heat.

SE

e exercise can boost immunity. Exercise regularly for 30 to 45 minutes to
ism which has a direct correlation with body immunity. Exercises that can be don
any equipment are Suryanamaskar, Pushups, Squats, high knees, Lunges, burpe

ough sleep
and immunity are closely tied. Inadequate or poor quality sleep is linked to
ptibility to sickness.
g adequate rest may strengthen your natural immunity. Also, sleeping more
s your immune system to better fight the illness.
s should aim to get 7 or more hours of sleep each night, while teens need 8-10 h
ger children and infants up to 14 hours.
re having trouble sleeping, try limiting screen time for an hour before bed, a
mitted from your phone, TV, and computer may disrupt your circadian rhythm
s natural wake-sleep cycle

term stress promotes inflammation, as well as imbalances in immune cell functio
ities that may help you manage your stress include meditation, exercise and yoga

Smoking, vaping (vapour produced by an electronic cigarette), drinking al
dictive substances as this may reduce your immunity.
all kinds of non-essential travels.

Dr. Shashikant Dudi
Cos
Heal
Savitribai Phule Pune Universit

29 1 Comment 2 shares

Home About Photos Events Videos F

Modern Law College, Pune

23 Apr 2020 ·

STAY HOME STAY SAFE

Modern Law College - NSS c.pune
ne, Maharashtra

Vibhansh Agarwal and 53 others

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Blog Writing Report 2020-2021

Date: 31st August 2021

As per the directions of the University Grants Commission, Modern Law College has established the **Gender Champions Club**. The promotion of Gender Equality is the primary purpose of creating this club. It is expected from this club to conduct activities by which the message of Gender Equality will reach all the strata of society. The college conducted an online Intra Collegiate Blog Writing Activity in August 2021. The topics for this activity revolved around the subject of Gender Equality. The themes for the competition were Gender Equality and Empowerment of Woman, Role of Society in promoting Gender Equality, Gender Discrimination: History and Culture, Gender Equality and Law.

Ten students of BA-LLB I participated in this activity where they submitted their original blog work to be published on the official college WordPress website. The blogs were screened and edited by **Asst Prof Akshay Ugale** and **Asst Prof Amal Varghese** for content alterations and grammatical refining. After the process, these blogs were published on the official college website.

Link of the Website – **mlcwrites.home.blog**

List of Students -

Sr No	Name of the student	Class	Title of the blog
1	Nandini Singh	BA.LLB-I	Gender Awareness
2	Anish Shinde	BA.LLB-I	Gender Sensitisation
3	Gayatri Warekar	BA.LLB-I	Gender Equality
4	Aarti Inamdar	BA.LLB-I	Gender Equality
5	Aaditi Kulkarni	BA.LLB-I	Gender Sensitization
6	Shruti Singh	BA.LLB-I	Gender Sensitization
7	Prajwal Ubale	BA.LLB-I	Independent gender in independent country
8	Sumit Satav	BA.LLB-I	Gender Equality
9	Ankita Gupta	BA.LLB-I	Gender Awareness
10	Sayali Kukdolkar	BA.LLB-I	Gender Awareness: Need of Hour
11	Yash Tiwari	BA.LLB-I	LGBTQIAP+ : Invisible Genders

MODERN LAW COLLEGE LEGAL AID PROGRAMME

Date:- 13 Feb 2021

Venue:- Taljai Wasahat, Padmavati, Pune

Time:- 10.00 am to 12.00 pm

Modern Law College, Ganeshkhind Road had arranged a programme for free Legal Aid Guidance for the students of Third Year LLB as a part of practical learning and knowledge on 13th February 2021 Saturday morning between 10 am to 1 pm at Bhikaji Bhosle Saunskrutik Bhavan, Parvati. Pune

All the students had gathered in the dress code at the venue at 9.30 am with all the necessary precautions to be taken as per Covid-19 guidelines as mentioned on the Arogya Setu Application. The guiding faculties Assistant Professor Shivanjali Bhoite. Assistant Professor Prajakta Pimpalshinde, Assistant Professor Mayura Borde, Assistant Professor Kaustubh Ghate were also present along with the students.

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Residents from the nearby area were also invited and were present for the programme to know about the free legal aid services which they are entitled to being the fundamental right as guaranteed by the Indian Constitution. Article 14 guarantees all person equality and equal protection before the law within the territory of India. Accordingly, Article 39 A of the Constitution of India provides for free legal aid to the poor and weaker sections of the society to promote justice based on equal opportunity. The law students who are the future Advocates being the social engineers have the immense responsibility of delivering justice and hence are required to play their roles sincerely in implementing the various legal aid schemes and to ensure access to justice to poor and marginalized sections of the society and hence the present Legal Aid Programme had been organized by Modern Law College to create awareness about access to justice for all and the responsibility of the future lawyers to that effect.

The programme started at 10.05 am. Advocate Sagar Nevase Sir, Advocate Shahin Shinde Madam, Advocate Pragati Patil Madam, Advocate Asha Madam were the esteemed guest panel invited by Modern Law College to conduct the Legal Aid Programme and to guide the participants. The programme started with an inauguration function and the esteemed panel of guests was introduced by Assistant Prof. Prajakta. All the guest were felicitated by Modern Law College.

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Our first guest Advocate Sagar Nevase Sir who has been the founding member and president of Janadalat for the last 15 years explained the concept of Janadalat. He then proceeded to explain the motive behind initiating such a noble concept of Janadalat in the year 2005. He wanted to address the technical problems faced by Junior Advocates entering the field of law and the clients alike. He further wants to address the misunderstanding and general perception about the Advocates and Courts among people that seeking justice through Court is very expensive as Advocates fees are very high and the Court procedure is very time and money consuming. In this situation, recognizing the need and urge of both the Clients and Advocates, Advocate Sagar Sir and his collegues started the concept of Janadalat. Janadalat first started operating from Bibvewadi, Pune from 6 pm to 8 pm. They started solving the problems relating to family disputes through guidance and counseling. Janadalat is involved in spreading legal awareness among people and guides them by giving legal advice and resolving their disputes through court mechanisms by charging them nominally or free of costs to poor or needy ones. He states that this service is not for the high-income groups. He then proceeded to narrate an incident about legal aid provided by Jan Adalat. The said incident took place at Chakan in which in an ongoing property dispute, the daughter had locked up her parents inside their house and even blocked the phone access to her mother. The parents tried to repeatedly reach out to the Police but they didn't take any cognizance. When they reached out to JanAdalat and when the JanAdalat intervened, the police finally took cognizance of the matter and released the

parents and a complaint was registered. He further said that many times the Police don't respond to such cases but there are Supreme Court guidelines and directions that whenever there is sexual harassment or abuse of women, Police are required to take notice of such crimes. Further, he said that JanAdalat also organizes frequent workshops for imparting legal knowledge and educating them about day-to-day legal issues like reading and understanding 7/12 extract of property, various legal documents related to immovable properties, various certificates, etc. They also conduct *"Samvad Satre"* on various legal aspects. During the Covid-19 lockdown, they conducted various webinars. Janadalat is the first to get the Vakil Gaurav Puraskar for their valuable contribution towards providing free legal services to society. At present JanAdalat has 4 centers in Pune and is planning to open 18 more in the coming days to serve more people by providing low-cost and free legal advice and assistance to the needy.

Advocate Shahin Shinde Madam was our next guest and speaker. She also has extensive experience in Criminal, Civil, and Family laws. She is also a professional Counsellor. She explained the concept of a good family and how it should be. An ideal person is recognized and identified by his upbringing and his family plays an important role in it. A person has a good reputation because of good family background. Good families form the base of society. There is a responsibility on part of all of us to keep good family values and relations intact. But nowadays, disputes and domestic violence within families are on the rise. The lawyers/Advocates must guide the litigants in matters of divorce, maintenance,

custody of children, premarital guidance, and other issues. Nowadays not only women but men are also facing problems of domestic violence and abuse. In a divorce by mutual consent, counseling plays a very important role. The following amongst many others are the solutions for domestic violence:-

1. Forget the past and come together.
2. Adjustment and solution
3. Last is divorce

It is a serious matter when the divorcing couple has a child. She also said that every child has a right to get the love and affection of his parents. Visiting rights do not ensure the right of the child to get the love and affection of his/her parents. She also further stated that pre-marital counseling nowadays is very important as the role of parents interfering in their children's married life is increasing which is further leading to a lot of problems/disputes in the family. To protect the marriages, undue and unwarranted interference of parents must be stopped completely.

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Free Legal Aid Group (FLAG)
मोफत कायदेविषयक सल्ला शिबिर
सकाळी १० ते दु १२

Our next speaker was Advocate Pragati Patil Madam who has extensive experience of practicing for 28 years in family laws. She threw light on the procedure and the documentation required for filing a divorce application before the Family Court. She stated that the required documents if not presented within 8 days after filing the Application, the Application may be dismissed. She stated that the following are the main documents required for filing the divorce petition:

1. Marriage Invitation Card
2. Marriage Photographs
3. Copy of Marriage Registration if done
4. Proof of Residence
5. Birth Certificate of a child if the couple has an issue.

Section 10 of the Hindu Marriage Act provides for Judicial Separation which states that for seeking a divorce, a period of 1 year of judicial separation is necessary. Madam further explained the provisions regarding maintenance under S. 125 of Cr.P.C., the women can get maintenance even after the divorce. The various provisions regarding maintenance are given in sections 24 and 25 of the Hindu Marriage Act, 1956 and in Chapter III Section 18 to 28 of the Hindu Succession & Adoption Act, 1956.

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वेळ - सकाळी १० ते दु १२
संपर्क - ०२०-२९५२३४८७, ८६२४०२४७५३

Adlaw

Our next guest and speaker was Advocate Asha Madam. She has been extensively practicing in the field of Civil, Criminal, Labor, and Family Law for the last 30 years. She explained the provisions for affected women who can seek protection from police officers and Magistrates. She explained to us that there are shelter homes for those women who are facing serious physical, economic, and psychological problems. She further explained that there are special provisions for the protection of women and children in our Constitution. Even on an international level all over the world, there are United Nations Charters for the protection of women and children. If a woman after having endured violence runs away from her matrimonial home then she has a legal right to get all her valuable things like ornaments, documents, clothes, and other properties. She further stressed the importance of good family values for a better society. She said we worship Lord Shiva and his family along with Goddess Parvati, Lord Ganesha, and Lord Kartikeya. Lord Shiva's family has so many contradictions in his family i.e they all have their different carriers ("*Vahan*") and they all have their unique and different attributes. Irrespective of having these contradictions, they live in harmony and with love. Taking inspiration from Lord Shiva's family, we all should live in harmony and always strive to create a better society based on ideal values.

After the speeches of the expert panel, they were felicitated by Modern Law College for their valuable guidance. Professor Bhoite Madam thanked everyone and expressed gratitude on behalf of Modern Law College.

After expressing thanks and gratitude, the students personally interacted with the participants of the Legal Aid Workshop and informed them of all the benefits available to them through free legal aid. The students also made an effort to understand the problems of the participants especially women. The students also got the Legal Aid forms filled from the residents/people who had participated in the Legal Aid Workshop in which they had to mention their details and any family issues/disputes which required legal assistance.

The programme concluded at 12.30 pm. It was very well planned and organized. The programme proved very fruitful for the students as they got valuable guidance and important insights regarding the Legal Aid Services. Practical workshops like these play an important role in imparting valuable and practical education to law students and shaping future lawyers. The students do look forward to attending many such programmes and benefit from them.

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And

Competitive Examination Cell

Report of Guest Lecture on Introduction to Competitive Exams

Date: 20. 0. 2021
Time: 11:00

Modern Law College, Pune, organized an online guest lecture under Competition Examination Cell on the 20th of April, 2021, from 11 am. **Kedar Naik** delivered the lecture Introduction to Competitive Exams. The Guest Lecture was hosted by Asst. Prof. Vikas Waghmare. The guest was introduced by Asst. Prof. Vikas Waghmare. 45 students were present at Zoom Meeting for the guest lecture.

The speaker talked about the various exams. Exams like UPSC/MPSC, Banking, JMFC, etc. he briefly introduced the procedure and stages of the exam. He also explained the studing method of the competitive exams.

The last 10-15 minutes were reserved for the question-answer session.

A vote of thanks was given by Asst. Prof. Vikas Waghmare.

Dr. Sunita Adhav
Principal

Moden Law College, pune

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Modern Law College

Ganeshkhind, Pune

Report of Guest Lecture Tribal Rights Awareness

Date: 28. 06. 2021
Time: 11:00

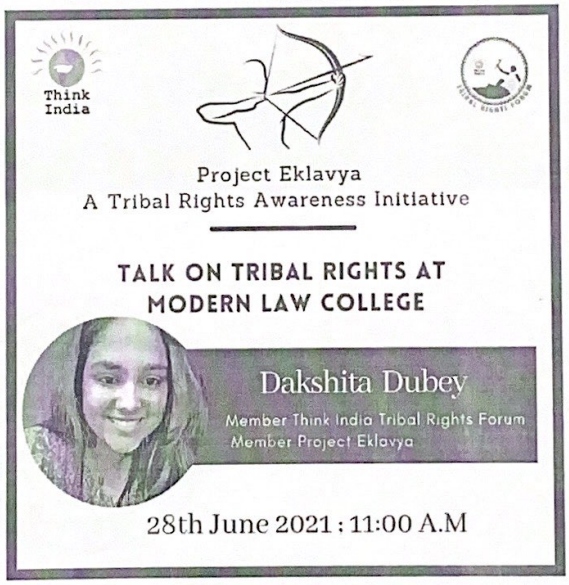
Modern Law College, Pune organized an online guest lecture on **Tribal Rights Awareness,** on the 28th of June, 2021 from 11 am. **Dakshita Dubey** delivered the lecture**,** Member, Think India Tribal Rights Forum Member Project Ekalvya. The Guest Lecture was Hosted and the Guest was Introduced by Asst. Prof. Vikas Waghmare. 207 students were present, on Zoom Meeting and on the YouTube handle of the college, for the guest lecture.

The guest speaker started with a question about rights. Further, she started talking about tribal rights. She talked about the historical evolution of human rights with reference to Tribal rights. The problems that are faced by the tribes were discussed in the leture.

At the end the speaker concluded the lecture with an idea of the current scenario of the community. the last 10-15 minutes were reserved for the question-answer session.

A vote of thanks was given by Asst. Prof. Vikas Waghmare.

The flaver of the Guest Lecture:



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The link to the Guest Lecture:

ModernLawCollege is inviting you to a scheduled Zoom meeting.

Topic: A Tribal Rights Awareness Initiative in association with Think India
Time: Jun 28, 2021, 11:00 AM Mumbai, Kolkata, New Delhi

Join Zoom Meeting
https://us02web.zoom.us/j/84618638813?pwd=Vkp5blhFV3RRRFYzTjBIeHVtNVVuZz09

Meeting ID: 846 1863 8813
Passcode: mlc

The YouTube link of the Guest Lecture:

https://youtu.be/Nft0BL2OOGs

PES's Modern Law College * Pune-16 *

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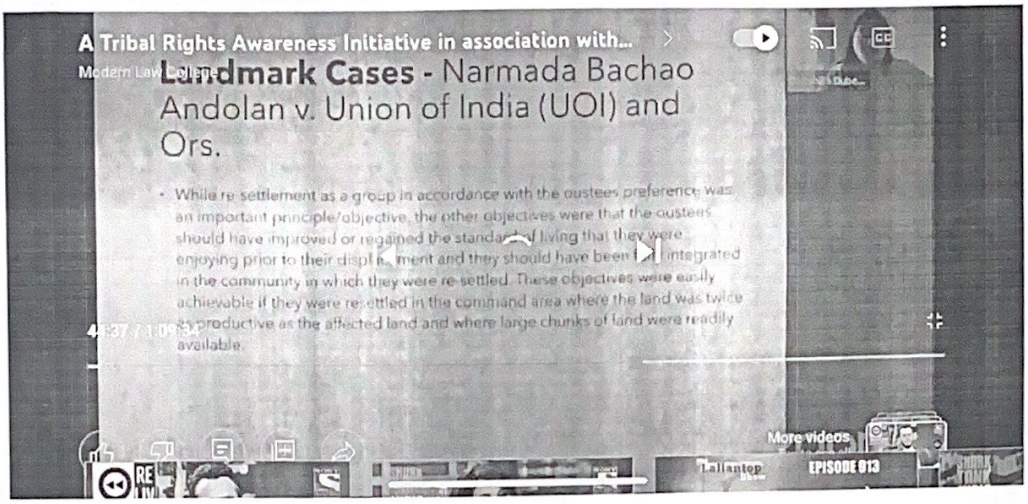
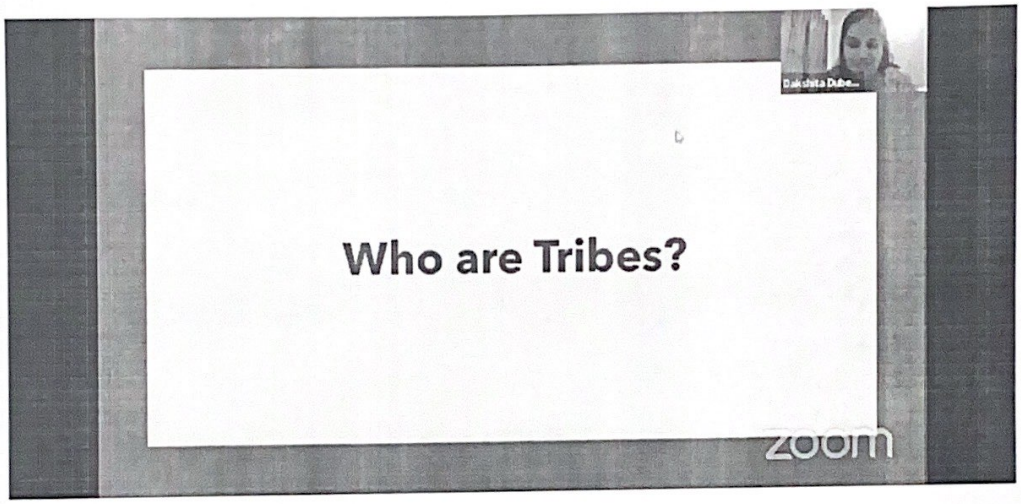

A Tribal Rights Awareness Initiative in association with...
Modern Law College
Landmark Cases - Narmada Bachao Andolan v. Union of India (UOI) and Ors.
While re settlement as a group in accordance with the oustees preference was an important principle/objective, the other objectives were that the oustees should have improved or regained the standard of living that they were enjoying prior to their displacement and they should have been fully integrated in the community in which they were re-settled. These objectives were easily achievable if they were re-settled in the command area where the land was twice as productive as the affected land and where large chunks of land were readily available.
More videos
EPISODE 013


Who are Tribes?
zoom

Tribal Rights - A Socio-Legal Perspective
Dakshita Dubey
Executive Member
TI Tribal Rights Forum
Think India
TRIBAL RIGHTS FORUM
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